

SUMMER SCHEDULE
JUNE 2 - AUGUST 31, 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
AM SCHEDULE						
	Adult Fundamentals 6:00 - 7:00 am	Adult Competition Class 6:00 - 7:00 am	Adult Fundamentals 6:00 - 7:00 am		Adult Open Mat 10:30 AM	Closed
PM SCHEDULE						
Lil Guppies 4:00 - 4:45 pm		Lil Guppies 4:00 - 4:45 pm	Lil Guppies 4:00 - 4:45 pm		Age Guide Lil Guppies 5 - 6 years All Youth Classes 7 - 11 years Teens 12 - 16 years Adults 17+ years	
Youth Fundamentals 5:00 - 6:00 pm	Youth Advanced 5:00 - 6:00 pm	All Levels Youth 5:00 - 6:00 pm	All Levels Youth 5:00 - 6:00 pm			
Adult Fundamentals 6:00 - 7:00 pm	Teens 6:00 - 7:00 pm	Adult Fundamentals 6:00 - 7:00 pm	Teens 6:00 - 7:00 pm	Adult & Teen BJJ Gi 6:00 - 7:15 pm		
Adult BJJ Gi 7:00 - 8:15 pm	Adult BJJ No Gi 7:00 - 8:15 pm	Adult BJJ Gi 7:00 - 8:15 pm	Adult BJJ No Gi 7:00 - 8:15 pm			